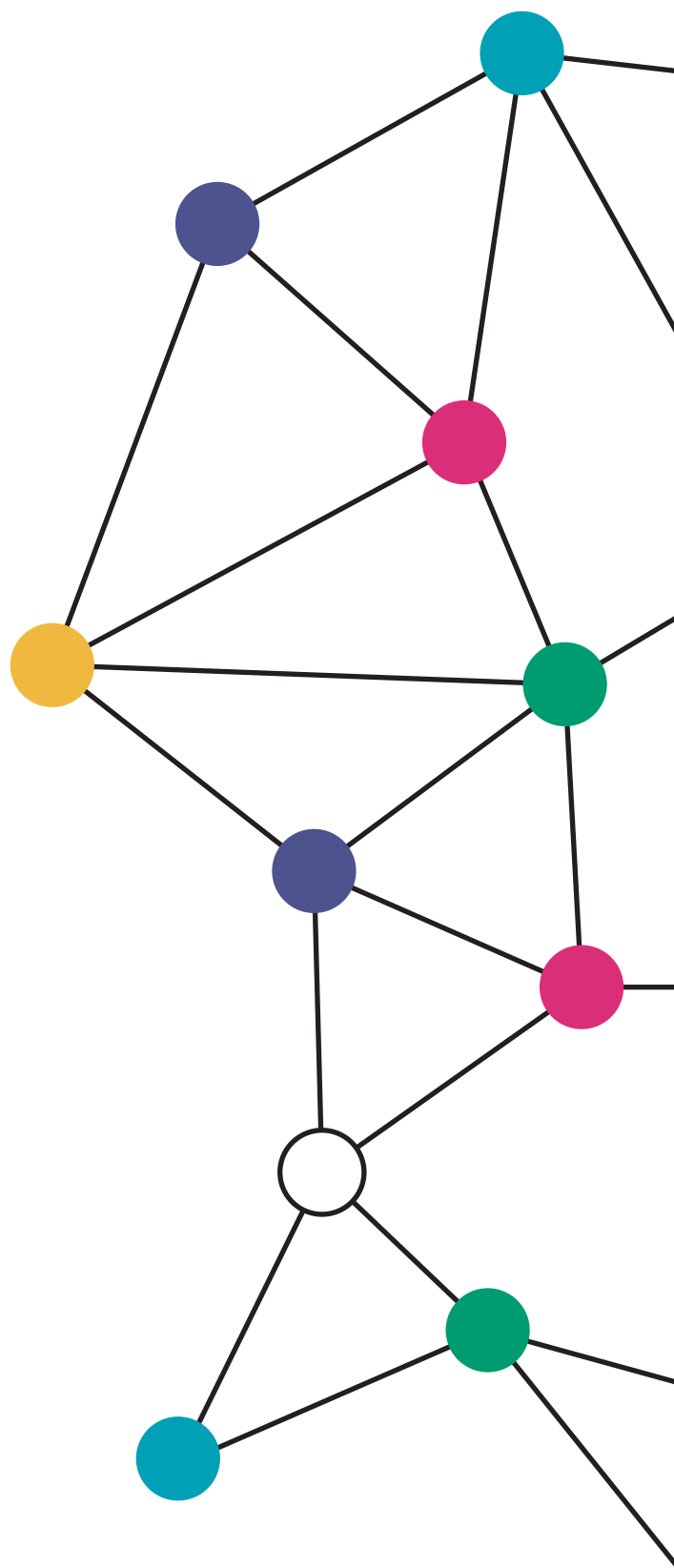




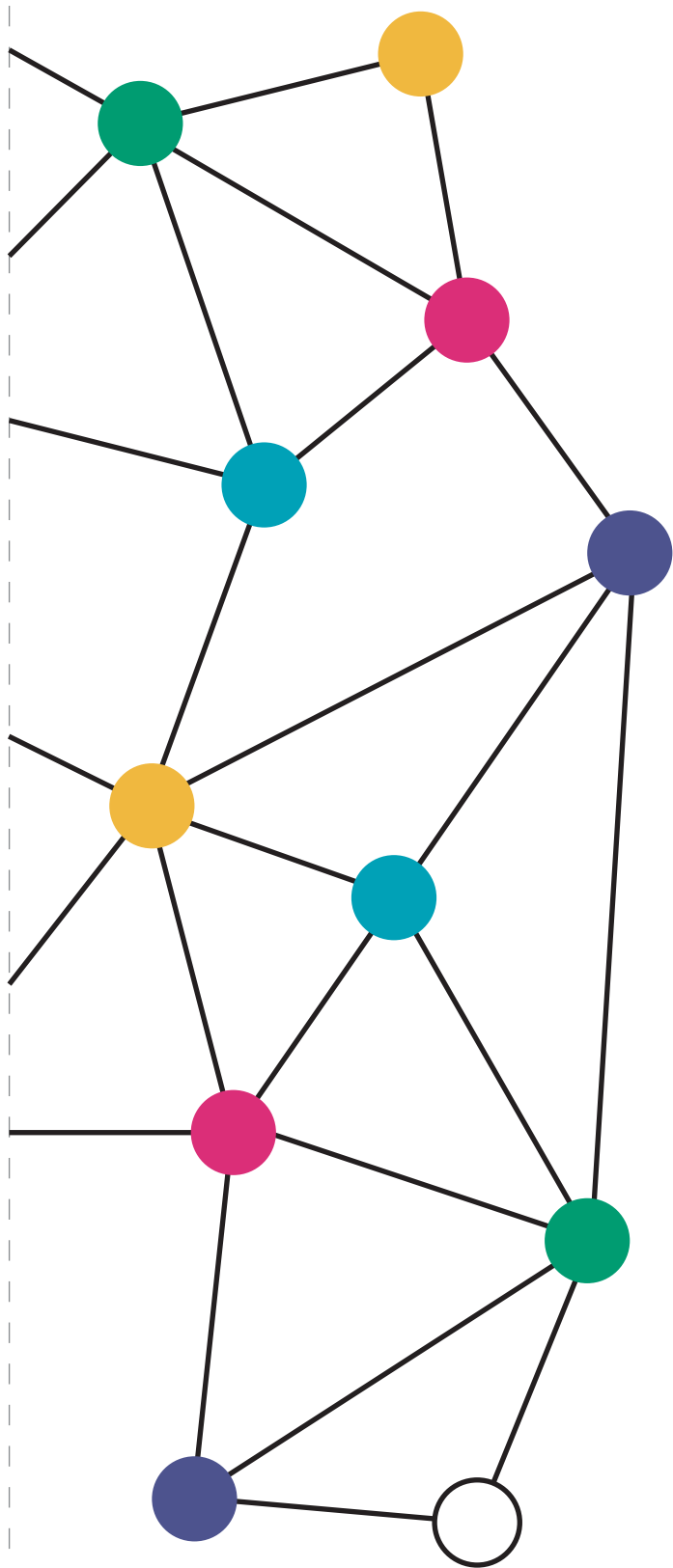
**Communication /
Respect:
Active Listening
and Questioning**



**Confidence,
Self-Esteem
and Assertiveness**







Problem Solving
and
Decision-Making



Relaxation
Techniques



People and
Environment

